Anesthesia-led Clinical Pathways
Enhanced Recovery After Surgery (ERAS) Protocols

ABOUT ERAS PROTOCOLS
Enhanced recovery after surgery (ERAS) protocols are widely recognized for the substantial impact they have on patient experience, length of stay and overall cost of care.

OUR APPROACH
At one South Florida hospital, a Sheridan anesthesiologist introduced and facilitated the adoption of ERAS protocols with support from Sheridan clinical leadership, as well as the hospital’s administrative and surgical staff.

ERAS Components
- Preoperative volume and carbohydrate loading
- Multimodal pain management using fewer narcotics than traditional approaches
- Regional anesthetic techniques
- Goal-directed (patient-specific) fluid therapy

This developed ERAS approach establishes standard pathways that significantly reduce patients’ risk of developing dangerous and costly complications that require further care. Furthermore, by utilizing alternative pain management techniques such as regional anesthetics and non-narcotic medications, patients no longer awake from surgery to pain and nausea.

RESULTS
- 88% reduction in the use of narcotic pain medications
- Mean 62% reduction in LOS for elective lower anterior resection
- 3,220+ hospital days “saved” as a result of reduced LOS in under 1 year
- Reduced a mixed cohort of total knee replacements and total hip replacements by an average of 1.03 days and 1.35 days, respectively
- Allowed for the addition of 117 cases a year

ABOUT SHERIDAN HEALTHCARE
Sheridan Healthcare, Inc. is a multispecialty physician group and healthcare management team providing anesthesia, emergency medicine, radiology, and women’s and children’s health services to more than 500 healthcare facilities in the nation. Sheridan is the most experienced anesthesia group in the U.S., with our first practice established in 1953. Sheridan is often recognized as the benchmark in the anesthesia industry because of its size, operating history and depth of infrastructure. Sheridan has been rated by hospital executives as #1 among anesthesia providers in reliability and availability of staffing and highest among anesthesia providers in improving quality of clinical care.

A Multispecialty Physician Group and Healthcare Management Team
ANESTHESIA | EMERGENCY | NEONATOLOGY | RADIOLOGY
855.252.2969 | SHERIDANHEALTHCARE.COM